



FOOD BUNDLE

STEP BY STEP GUIDE

AN OVERVIEW

01.
SINGAPORE'S LANDSCAPE

02.
THE FOOD BANK SINGAPORE

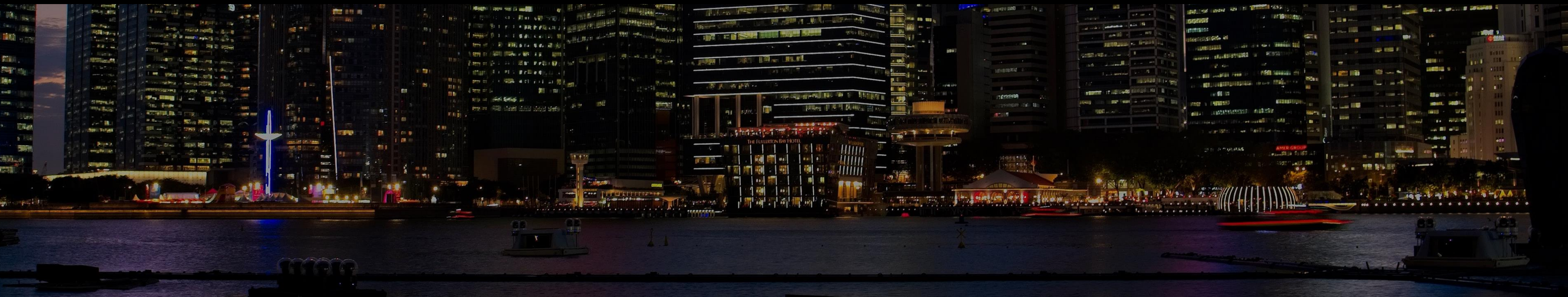
03.
BUNDLES ACTIVITY





SINGAPORE'S LANDSCAPE

*IN A FOOD PARADISE LIKE SINGAPORE,
WHY ARE SOME GOING HUNGRY?*



WHAT IS FOOD INSECURITY?

Food Insecurity comes about when someone does not have, or is not confident of having, economic and physical access to sufficient, acceptable food for a healthy life.

Source: THE HUNGER REPORT | An In-Depth Look at Food Insecurity in Singapore



THE HUNGER REPORT

FINDINGS FROM PART I 2018

1 IN 10

10.4% Households in Singapore experience Food Insecurity at least once in the last 12 months.



2 IN 5
of which,
experience food insecurity at least
once a month



89.5%

Food - Secure

6.9%

Moderate
Food - Insecurity

3.5%

Severe
Food - Insecurity



22%

Only
of the Food - Insecure
households were
receiving food support

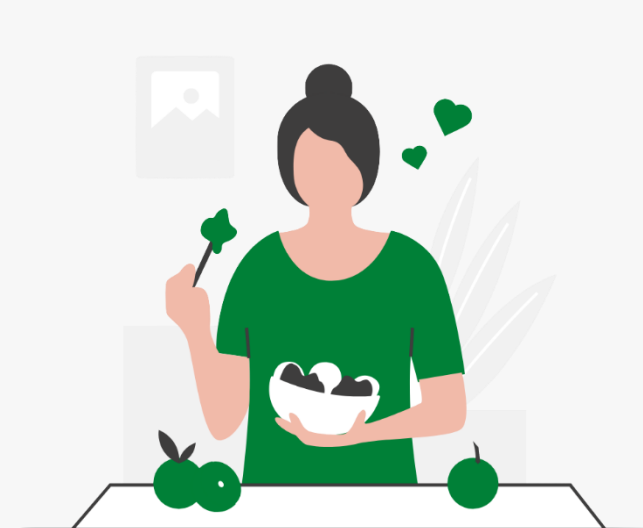




THE HUNGER REPORT

FINDINGS FROM PART II 2021

We see a glaring need to provide access to appropriate foods while assisting people during economic hardships.



AUTONOMY TO CHOOSE
THEIR OWN FOOD



NEED SUPPORT FOR
NON-FOOD ESSENTIAL ITEMS



THE FOOD BANK SINGAPORE

ENDING FOOD INSECURITY OF ALL FORMS BY 2025



ABOUT US

The Food Bank Singapore (FBSG) is the brainchild of brother-sister duo Nichol and Nicholas Ng, who own the X-Inc group of companies. After observing the food industry for more than a decade – the increasing food prices and food wastage – they realised the need for a food bank in Singapore. FBSG was established as Singapore's first food bank with the aim of being the prevailing centralised coordinating organisation for all food donations in Singapore. FBSG now aims to end food insecurity for all and make Singapore a food secure nation.

A certified member of  **The Global FoodBanking Network**



OUR IMPACT

2012

30 beneficiary orgs
2 tonnes redistributed
Approx. 6,700 meals

2017

210 beneficiary orgs
395 tonnes redistributed
Approx. 1.3 million meals

2019

350 beneficiary orgs
802.4 tonnes redistributed
Approx. 2.4 million meals

2020

370 beneficiary orgs
1600 tonnes redistributed
Approx. 5 million meals

2021

370 beneficiary orgs
875 tonnes redistributed
Approx. 2.6 million meals



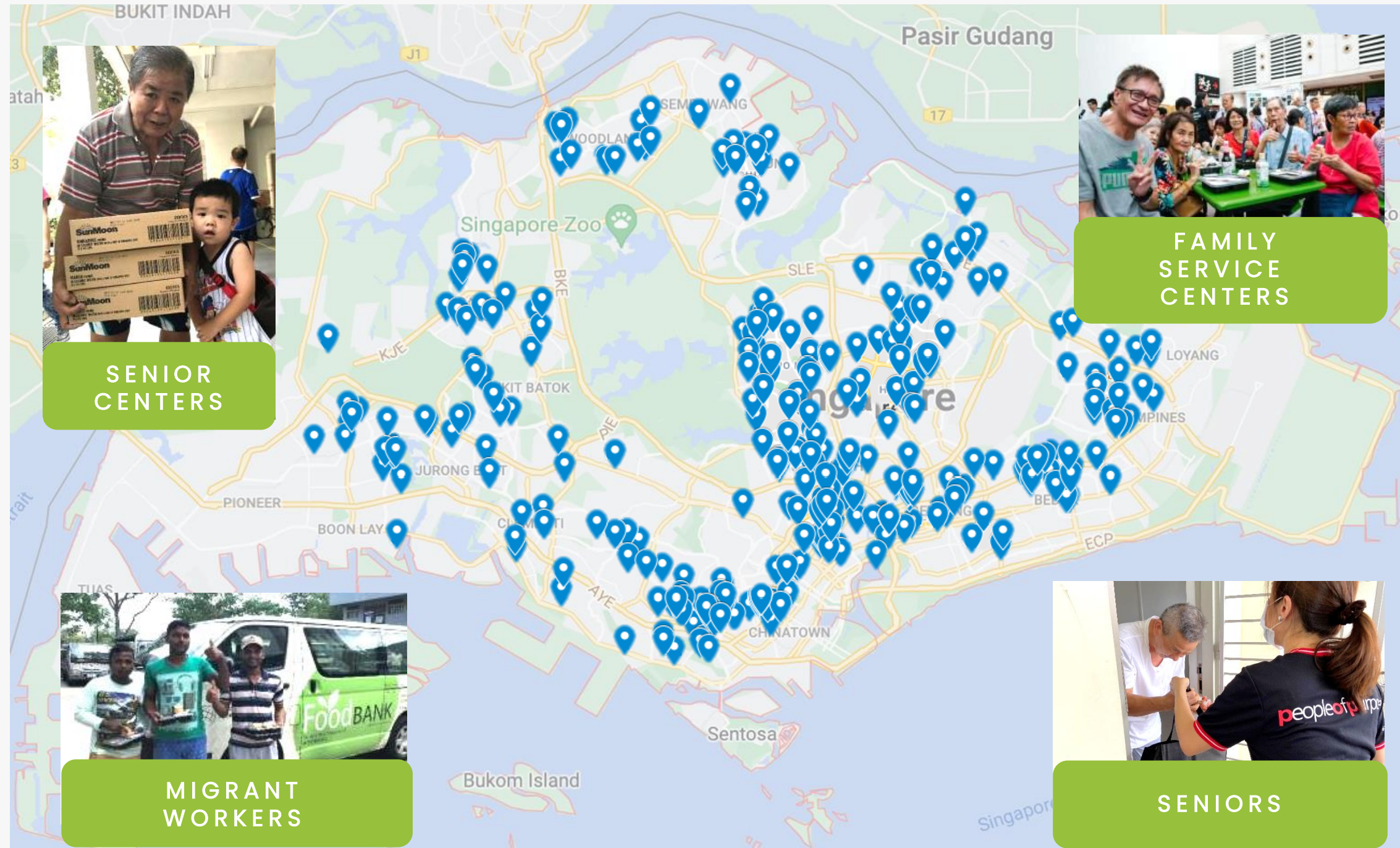
BANKING DIFFERENTLY - HOW DO WE DO IT



OVER 17,740,377 MEALS PROVIDED TO THE HUNGRY SINCE 2012



WHO WE SERVE



**OVER 300
ORGANISATIONS**

**100,000
FAMILIES**

**300,000
INDIVIDUALS**



BUNDLES ACTIVITY

SERVING SINGAPORE ONE BUNDLE AT A TIME



01. SELECT A DATE & TIME SLOT

1. SELECT A DATE

Mondays to Fridays

Saturdays

2. SELECT A TIME SLOT

Morning slot: 10am to 1pm

Afternoon slot: 2pm to 5pm

Morning slot: 10am to 1pm

***Activity not available on Sundays and Public Holidays**



02. DETERMINE THE BUDGET & NUMBER OF VOLUNTEERS

A ratio of 1 volunteer : 5 bundles is recommended

E.g. If you decide to pledge 100 bundles, you should require about 20 volunteers.

A minimum of 50 bundles is required per food bundle activity

There is no maximum number of bundles to pledge.



03. SELECT BETWEEN THE 4 TYPES OF FOOD BUNDLES WE OFFER

*The four types are: Standard Bundle Option A & B, and Healthier Bundle Option A & B.
Please refer to the next slide for more information.

OPTION A (sample items)
For households that do not cook

OPTION B (sample items)
For households that cook

STANDARD BUNDLE – \$25

- Bread
- Spread
- Milo
- Cereal Drink
- Canned Protein
- Canned Vegetables

- Instant Noodles
- Biscuits
- Cereal Drink
- Canned Protein
- Canned Vegetables
- Tray of Eggs

HEALTHIER BUNDLE – \$30

- Rolled Oats
- Soy Bean Milk
- Brown Rice Bee Hoon
- Biscuits
- Fresh Fruits
- Fresh Vegetables
- Tray of Eggs

- Canola Oil
- Cereal Drink
- Brown Rice Bee Hoon
- Biscuits
- Fresh Fruits
- Fresh Vegetables
- Tray of Eggs

*The various bundles shown are samples.
Bundles are curated to the needs of the beneficiaries we serve.



04. CONFIRMATION WITH THE FOOD BANK SINGAPORE

Drop us an email at enquiries@foodbank.sg at least 1 month prior to activity date in the following format

- Name of Organisation:
- Date and Time of Activity:
- Type and Quantity of Bundles:
- No. of Volunteers:

***For a smoother process, the details provided will unfortunately not be amendable after confirmation of the activity.**

05. PAYMENT FOR ACTIVITY

To secure a slot, please make payment prior to the activity.
We accept payment in the form of cash, cheque,
bank transfer or PayNow.

We are an IPC registered charity. Don't forget to
include the following information so that we can file
for tax deductions on your behalf!

- Name / Organisation
- NRIC / UEN Number
- Contact Number

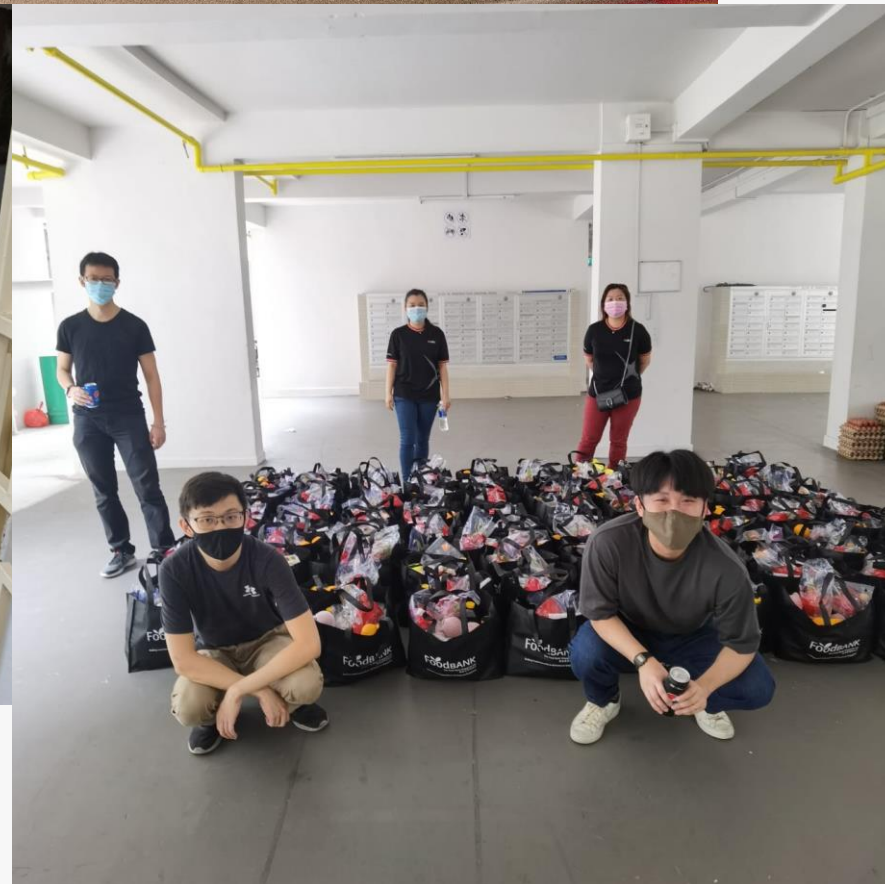


06. LOCATING BENEFICIARY CENTRE

FBSG will identify a suitable beneficiary centre.

Our beneficiary centres are located island wide.
(If you have a preferred area, let us know and we will try to accommodate.)

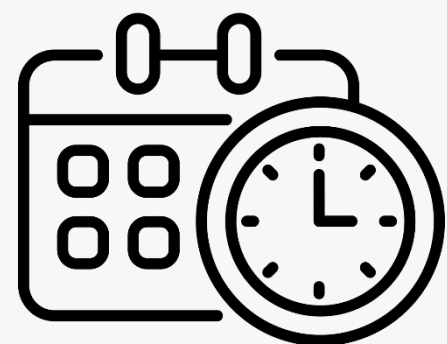
We will then place orders for the food items with various suppliers.



07. BENEFICIARY CENTRE LINKUP

An email will be sent to link up the donor and beneficiary centre when a successful match is made. The following details of the activity will be emailed to you:

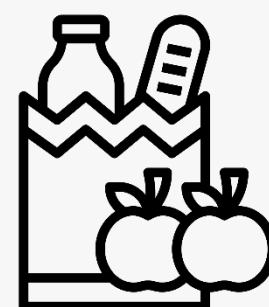
DATE & TIME OF ACTIVITY



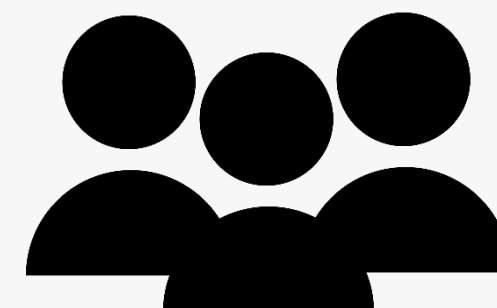
ACTIVITY LOCATION



NO. AND TYPE
OF BUNDLES



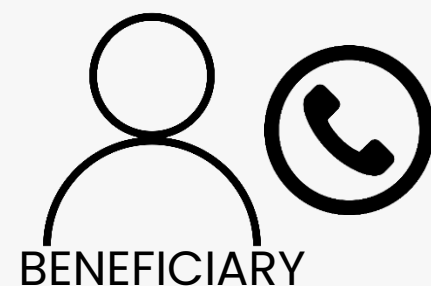
NO. OF VOLUNTEERS



DONOR
CONTACT NUMBER



BENEFICIARY
CONTACT NUMBER



FOODBANKER
CONTACT NUMBER





08. ACTIVITY DAY

Morning Slot

10am

Volunteers to report at the activity location

10-10:15am

Unloading of food items from Foodbank's van

10:15-10:30am

Briefing by FBSG and demonstration on packing

10:30-11:15am

Packing of food bundles

11:15-11:30am

Photo-taking and split into distribution teams

11:30-12:30pm

Distribution of bundles

12:30-12:45pm

Reporting back to centre

12:45-1pm

Housekeeping, debrief and dismissal

Afternoon Slot

2pm

2-2:15pm

2:15-2:30pm

2:30-3:15pm

3:15-3:30pm

3:30-4:30pm

4:30-4:45pm

4:45-5pm

Activity might end earlier depending on the speed of packing and distribution
Additional activities can be included with further discussions with the centre

09. BEFORE DISTRIBUTION OF BUNDLES

Reminders:

Please wear comfortable and appropriate clothing and shoes for physical activity.



09. BEFORE DISTRIBUTION OF BUNDLES

You may also want to watch this informational video on our FBSG YouTube channel before the distribution of bundles:



THANK YOU



@THEFOODBANKSINGAPORE



@THEFOODBANKSINGAPORE



@FOODBANKSG

