

BANK BOOK



ANNUAL REPORT 2022

OUR MISSION

To end food insecurity in all forms in Singapore.

OUR VISION

Our vision is to be the prevailing centralised coordinating organisation for all food donations and to play a key role in the reduction of food wastage and food insecurity.

OUR VALUES

Integrity, Collaboration, Dedication, Fun, Commitment, Innovation

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NICHOL NG. Co-founder

NICHOLAS NG . Co-founder

TURNING 10 IS A BIG DEAL

We are on the cusp of puberty, coming of age and finally emerging with our own sense of identity. It is indeed a big deal for us to have grown the way we did over the last 10 years. But the road ahead is one shrouded with uncertainties and shifts in the macro-economics. The world is facing a real climate crisis which has since impacted the cost of food all around. Never in our generation have we experienced such a state of despair and anxiety.

But our mission continues, with Singapore being at the forefront in combating food insecurity. Therefore, it is also important for us to think beyond our shores where hordes of underprivileged may be facing more dire circumstances. What can this little red dot do? We are certain plenty.

Nonetheless, let us reflect on the 10 years that have gone by, and not forgetting to celebrate the smallest of successes. Once again, our team is core to our mission and without them, we are nothing. Let us continue on our mission of delivering love, food and laughter to those who need it the most with grace , respect and dignity.

Let the Feeding Continue!

With Love, Nichol & Nicholas Co-founders, Battlemates & Partners in Crime Since 2012.

BOARD MEMBERS DETAILS

The Food Bank Singapore (FBSG) is led by a Board of Directors whose role is to determine the vision, mission, and values of the organisation, exercise strategic organisational planning and ensure adequate financial and human resources to meet the organisation's goals.



Chairman and Co-Founder Nichol Ng appointed in January 2012 Chairman of Human Resources Committee Attended 3 out of 3 meetings Nichol is currently Business Owner of FoodXervices Pte Ltd



Co-Founder **Nicholas Ng** appointed in January 2012 Chairman of Programmes/Services Committee Attended 3 out of 3 meetings Nicholas is currently Business Owner of FoodXervices Pte Ltd







Directo **Christophe Megel** appointed in November 2019

Attended 2 out of 3 meetings

Director

Christophe is currently employed as Executive Director, O Industries & Trade Pte Ltd, and is Founder & Director of A-Munition

Executive Director **Chong Meng Goh** appointed in January 2012 Attended 2 out of 2 meetings Retired in June 2022.



Director Jean Tan Si Se appointed in December 2014 Attended 1 out of 3 meetings Jean is currently self-employed, running her own sales and training consultancy



Director **Hsien Loong Wong**

appointed in April 2015 Chairman of Fundraising Committee Attended 2 out of 3 meetings Hsien Loong is currently self-employed as a Realtor with Propnex, Singapore

CORPORATE GOVERNANCE

FBSG is governed by its Board of Directors, which has the responsibility for policy making and governance. All the directors are volunteers, who give freely of their expertise and time; there is no claim for their services provided, either by reimbursement, or the provision of an allowance, or by direct payment to a third party.

During the year, both Co-founders celebrated 10 consecutive years as Board members. Given their active participation, and the skills and expertise that they bring to support the mission, values and performance of FBSG, it was a logical and unanimous decision to extend their term of office.

Conflict of Interest Policy

Board members and employees are required to perform their duties at all times in the best interest of FBSG. They are required to

read and understand the conflict of interest policies in place and make full disclosure of any interests, relationships, and holdings that could potentially result in a conflict of interest.

Board members are required to complete a Conflict of Interest Disclosure Statement at the start of the term, annually or as soon as such conflict or the possibility of such conflict arises.

Employees are required to complete a Conflict of Interest Statement at the point of hire.

When a conflict of interest situation arises. the Board member or employee must abstain from participating in the discussion, decision-making and voting on the matter.



2022 IMPACT AT A GLANCE







3,100





966

HIGHLIGHTS OF THE YEAR

ANNOUNCEMENT OF YUNG RAJA, OUR PHYGITAL AMBASSADOR

To promote **FBSG's metaverse debut**, we engaged **Yung Raja** to be our **Phygital Ambassador** to end food insecurity in Singapore. Yung Raja is a renowned rapper and songwriter in the local scene, and has been releasing music that resonates with the Singaporean audience.

ENDING FOOD INSECURITY OF ALL FORMS







METAVERSE LAUNCH

On **21 April 2022**, FBSG ventured into the realm of the metaverse by adopting a phygital (a combination of physical and digital) approach. The debut in the metaverse commenced with the auction of non-fungible tokens (NFTs) to raise funds to support 10,000 beneficiaries in Singapore with food and essential items for an entire year.

The honorary art NFTs feature FBSG's mascot, **KooriMo**, and include a unique utility to benefit and honour the successful bidder. The three sets are drawn by an artist from Smobler Studios, FBSG's metaverse partner.

About Smobler Studios: Smobler Studios is a leading metaverse architect that owns the biggest metaverse, Cobbleland in Sandbox. Through the partnership, FBSG and Smobler Studios hopes to build KooriLand with assets that can be sold in the metaverse, raising funds to support the food bank's mission of ending food insecurity in Singapore.

"We are piloting this move into the metaverse as a new way of fundraising. It's an exciting new world that lets us experiment with different concepts and reach out beyond Singapore to a global audience. NFT is a cool and interesting way to use art to spread our messages. From our metaverse experiment, we hope to share lessons learnt with fellow non-government organisations so that they too can consider this space for their fundraising efforts. We also warmly welcome government agencies to work alongside us to make the metaverse a safe and secured mode of donation," Nichol Ng, Co-founder of FBSG.



LAUNCH OF HUNGER REPORT 2 - LIVE PANEL DISCUSSION

First introduced in 2020, *the Hunger Report Part I* revealed findings that one out of 10 individuals in Singapore experience food insecurity. On **25 March 2022**, in collaboration with Lien Centre for Social Innovation and Tolaram, FBSG launched *the Hunger Report Part II*, which focused on addressing specific needs arising from the COVID-19 pandemic.

"When we embarked on the Hunger Report Part I in 2018, the world was vastly different from what it is now. After publishing the first Hunger Report in 2020, we observed that **10.4%** of the population faced some form of food insecurity, which was concerning. In light of the pandemic's global impact, we decided in 2020 to closely monitor and study how attitudes and needs have changed during this crisis through The Hunger Report Part II." Nichol Ng, Co-Founder of FBSG

The Hunger Report Part II was launched during FBSG's Panel Discussion, Diversity in Hunger – Freedom of Choice. It was a hybrid session that took place at our headquarters and was also live-streamed on our LinkedIn page and Facebook Live.

Nichol Ng was the moderator for the panel, which included distinguished panelists and industry experts. Together, they engaged in a lively discussion with the report's authors, where key findings on food insecurity in Singapore were presented, alongside with interesting insights and recommendations to tackle the food insecurity issue in Singapore. Members of the panel include:

- **Dalvin Sidhu**, Programme Manager, Lien Centre for Social Innovation (LCSI)
- Tania Nagpaul, Senior Lecturer, S. R. Nathan School of Human Development, SUSS
- Edward Chia, Member of Parliament, Zhenghua Ward, Holland-Bukit Timah GRC
- Eric Chua, Parliamentary Secretary, Ministry of Culture, Community and Youth, Ministry of Social and Family Development
- Prisca Hoo, Head of Communications, Tolaram

Findings from the Hunger Report Part II: #1 THE NEED FOR AUTONOMY & CHOICE

There is a strong need to facilitate access to suitable food while supporting individuals facing economic difficulties. The ability to make choices regarding one's food is an empowering act that preserves the recipient's dignity and autonomy, enabling them to make purchasing decisions that align with their family's best interests.

#2 THE NEED FOR PERSONAL HYGIENE ITEMS

The study revealed that **18.6%** of the recipients' money was spent on nonfood items, such as toiletries and cleaning products. This highlights the gaps that still need to be addressed. The emphasis on promoting healthier lifestyles has resulted in a high demand for personal hygiene items that are inadequately supplied.



DRIVE HUNGER AWAY 3: REGIONAL EDITION

LAUNCH OF FEEDING DIRECTORY

On **22 November 2022**, we also launched **The Feeding Directory** (FindFoodSuport.sg) to assist those looking for food support near them, with **over 150** of FBSG's feeding partners listed in the directory.

According to *the Hunger Report Part I*, despite Singapore's long history of food aid, only **22%** of food-insecure households are currently receiving assistance. Therefore, FBSG recognises the importance of connecting those in need with available resources in order to achieve their goal of ending food insecurity in the coming years.

"To achieve our goal of ending food insecurity in the next few years, FBSG feels that it is vital to find a way to let those in need know where the aid is," said Nichol Ng, Co-founder of FBSG.

The Feeding Directory connects social workers, food insecure households and anyone in search of food support to organisations that provide food aid such as cooked meals, food vouchers, food rations, and even daily essentials from FBSG's Food Pantry vending machines.

In conjunction with **World Food Day 2022**, FBSG conducted our third edition of *Drive Hunger Away*. This edition saw us partnering with **17 car clubs**, with 99 volunteers and 383 cars participating, raising **over SGD 44,000** and **7,200 kg** of food donations.

We were also delighted to see eight sister food banks across the region join us in our efforts, holding their own successful fundraising campaigns from 8 October through World Food Day on 16 October. We extend our gratitude to Feeding Hong Kong, FoodCycle Indonesia, Green Food Bank China, Rise Against Hunger Philippines, Kechara Soup Kitchen, Scholars of Sustenance Bali, Thailand, and The Philippines, and all the others for their unwavering support in the fight against food insecurity.









FBSG 10TH ANNIVERSARY BIRTHDAY CELEBRATIONS/ MASAK MASAK

sale

(de sis)

IEN YEARS

In **August 2022**, we commemorated FBSG's 10th anniversary. The celebration saw foodbankers, volunteers, supporters, and beneficiaries gathered together to commemorate this milestone. To mark our 10th anniversary, we had a cake– cutting session, with the cake sponsored by Bob the Baker.

Furthermore, two chefs, **Chef Chaik Ming Koh** (also part of our Board of Directors) and **Chef Maya Patnaik**, were also invited to share their healthy recipes as part of the Masak Masak Programme.

The programme attracted about 60 attendees, and was livestreamed on Facebook as well.

We are constantly looking for new innovative ways to empower our beneficiaries to lead healthier lives. Stemmed from the belief that eating well is key to a happy life, Masak Masak is a programme run by FBSG to increase awareness of eating healthily at home while also providing our beneficiaries the opportunity to learn new healthy recipes using the food items from FBSG's Food Bundles.

OUR PROGRAMMES



JUNIORS CLUB

FBSG recognises the importance of instilling a sense of service and social responsibility in the younger generation to uphold our commitment to sustainability. The Juniors Club programme serves as a catalyst for positive social change, building awareness among youth through a highly engaging curriculum and experiential learning opportunities. This has allowed our young participants to develop a deeper understanding of food insecurity in Singapore, enabling them to take informed steps towards ending hunger.

JOY IN EVERY BUNDLE

FBSG's Bundle Campaign brings Joy In Every Bundle. Our hassle-free and easy donation process ensures that every dollar donated covers the cost of food items, packaging and logistics. As a responsible food purchaser, we work with a network of food suppliers to guarantee value for money in every bundle offered.

In the year of 2022, **over 199 donations** were made which allowed us to purchase a total of **31,695 bundles**, with **190,170kg** of food being distributed to our beneficiaries!

Support this campaign by raising funds and pledging your participation in packing and door-to-door distribution of bundles to our beneficiaries at one of our beneficiary centres. Your involvement in this initiative can make a significant impact in the lives of those struggling with food insecurity.

31,695 bundles, over 199 activities, 190,170 kg of food



We held 10 sessions of Juniors Club in

2022 and saw over **190 enthusiastic members** coming together to learn

about food insecurity and the need

older children helped us pack 300

bundles of food, which we delivered

younger children learned about food

production and turned food scraps

Through these hands-on activities,

understanding of food waste and

more food-secure Singapore.

insecurity, and left with a newfound determination to build a brighter,

we hope the children gained a better

to reduce food wastage. Some

to our feeding partners, while

into soap.







FOOD DRIVES

Since our founding in 2012, FBSG has remained steadfast in our commitment to addressing the issue of food insecurity on our island by bridging the gap between excess food and those in need.

One way we have been supporting our efforts is by facilitating food drives. These events not only generate additional donations to ensure a steady supply of food rations but also help raise awareness about the urgent need to tackle food insecurity and food wastage. By inspiring others to act, food drives can play a pivotal role in creating a sustainable solution to this issue.

In 2022, we conducted **161 food drives**, collecting a staggering **36,378.35 kg** of food donations from individuals and corporate groups alike. We are immensely grateful to our supporters for their unwavering dedication to our cause, and we look forward to continuing our mission of ending food insecurity in Singapore.

161 Food Drives 36,378.35kg

from individuals & corporates groups.



FOOD BANK CARD PROGRAMME / FOOD PANTRY 2.0

FBSG has implemented innovative programmes to make food assistance more accessible to those in need. One such programme is Food Pantry 2.0, which offers vending machines to dispense a variety of food options in the heartlands, ensuring that beneficiaries receive timely and diverse food aid.

Another programme developed by FBSG is The Bank Card Programme. Launched in 2019, this programme provides beneficiaries with the freedom of choice to get the type of food they need from participating F&B outlets. Details of the programme are as follows:

 Every \$100 donation will enable FBSG to support a beneficiary through the FBSG bank card for 30 days.

3,100 Bank cards

Total Redemption (\$): \$574,542.77

Total Redemption (Transaction Count): 50,866

3,626 Hot meals dispensed

Weight of food from Vending Machines = 47,076.65kg

Every **\$50 donation** will enable FBSG to support a beneficiary through the FBSG

bank card for **15 days**. Every **\$25 donation** will enable FBSG to support a beneficiary through the FBSG bank card for **seven days**.

In 2022, The Bank Card Programme has provided over **3,100 bank cards** with a total redemption value of **\$574,542.77** and **50,866 transaction** counts. In addition, the vending machines have dispensed **47,076.65kg of food**, and **3,626 hot meals** have been distributed. These programmes are critical in bridging the gap between excess food and food insecurity, ensuring that beneficiaries have access to nutritious food options, and we are thankful for the kind donations.





OUR CORPORATE & COMMUNITY PARTNERS AND DONORS

AGILENT TECHOLOGIES SINGAPORE (SALES) PRIVATE LIMITED ANNAM PRIVATE LIMITED AT CAPITAL CHARITABLE FOUNDATION LIMITED **AZALEA INVESTMENT MANAGEMENT PRIVATE LIMITED BARCLAYS BANK PLC BLACKBERRY LIMITED BLOOMBERG SINGAPORE PRIVATE LIMITED BROWN-FORMAN WORLDWIDE LLC BUKIT PANJANG GOVT HIGH SCH BUNGE ASIA PRIVATE LIMITED CARGILL ASIA PACIFIC HOLDINGS PRIVATE LIMITED CBRE PRIVATE LIMITED CHARITIES AID FOUNDATION** CHARITIES AID FOUNDATION-VISA FOUNDATION-USD250,000 **CHARITIES TRUST – BARCLAYS BANK PLC CHLORIDE EASTERN LIMITED CLARINS PRIVATE LIMITED CRAVE FOODS PRIVATE LIMITED** DATADOG **DBS BANK LIMITED** DELIVERY HERO (SINGAPORE) PRIVATE LIMITED **DSM SINGAPORE INDUSTRIAL PRIVATE LIMITED - DHA3** EDRINGTON SPORE PRIVATE LIMITED **FISERV APAC PRIVATE LIMITED** FRASERS PROPERTY RETAIL MANAGEMENT PRIVATE LIMITED GIC PRIVATE LIMITED

GOOD JOB CREATIONS (SINGAPORE) PRIVATE LIMITED HEALTH & HAPPINESS (HH) HONGKONG **HENKEL SINGAPORE PRIVATE LIMITED** HSBC BANK (SINGAPORE) LIMITED MARINA BAY SANDS PRIVATE LIMITED **MICRON TECH** NCSS - TRUST FUNDS - PRESIDENT CHALLENGE 2022 **OAKTREE CAPITAL MANAGEMENT PRIVATE LIMITED OMERS ASIA PRIVATE LIMITED OMRON ASIA PACIFIC PRIVATE LIMITED ONE SUITE ADVISORY PRIVATE LIMITED OPEN TEXT (ASIA) PRIVATE LIMITED PIMCO ASIA PRIVATE LIMITED PIMCO US FOUNDATION S&P GLOBAL ASIAN HOLDINGS PRIVATE LIMITED** SILICON LABORATORIES INTL PRIVATE LIMITED SINGAPORE MARITIME FOUNDATION **SWISS REFOUNDATION** SYMBOL OF ALLIANCE LIMITED **TEXEL ASIA PRIVATE LIMITED** THE COMMUNITY FOUNDATION OF SPORE - NG KIM SUAN FOUNDATION **THRIVE ALTERNATIVES PRIVATE LIMITED TOC 1 PRIVATE LIMITED TOKIO MARINE ASIA PRIVATE LIMITED TOLARAM CORPORATION PRIVATE LIMITED TREND MICRO (SINGAPORE) PRIVATE LIMITED TRIFLEET LEASING (ASIA) PRIVATE LIMITED** UNIGOLD INTERNATIONAL PRIVATE LIMITED **VISA WORLDWIDE PRIVATE LIMITED** WECHAIN FINTECH PRIVATE LIMITED **XP POWER LIMITED** YEOMAN CAPITAL MANAGEMENT LIMITED **ZURICH FOUNDATION**



SPECIAL MENTIONS TO OUR LONG-TERM PARTNERS

AGILENT TECHNOLOGIES INCORPORATION DBS BANK LIMITED DFI RETAIL GROUP HOLDINGS DKSH SINGAPORE PRIVATE LIMITED F&N FOODS PRIVATE LIMITED FRASERS PROPERTY RETAIL MANAGEMENT PRIVATE LIMITED **GLOBAL FOODBANKING NETWORK MARINA BAY SANDS PRIVATE LIMITED MICRON TECH NATIONAL COUNCIL OF SOCIAL SERVICE** NATIONAL TRADES UNION CONGRESS **OAKTREE CAPITAL MANAGEMENT PRIVATE LIMITED PIMCO** SODEXO SINGAPORE PRIVATE LIMITED **UNILEVER PUBLIC LIMITED COMPANY**

2023 EVENT CALENDAR

JANUARY

Lauch of campaign Life Without Hunger Elevating stories and awareness of Singapore's * hidden problem.

MAY 🗅 🦾

FBSG's Mart for Good Launches! Fullfill FBSG's warehouse needs from the comfort of your home.

OCTOBER

Zero Hunger Walk FBSG is organising our first ever sports event to rause funds and celebrate World Food Day 2023!

of food sustainability through fun and engaging activities!

JUNF

ever sports event to rause funds and celebrate World Food Day 2023! Look out for more information closer to the date.

FEBRUARY

Make someone's day with Nutella Campaign Make someone's day by donating Nutella today when you visit any one of the listed location that has a bank box nearby.

Juniors Club Portal Launches

educators to collaborate with us.

Kids can learn about the importance

Juniors Club is going online! Looking for early childhood

Juniors Club Sessions

APRIL

End Hunger Games FBSG teams up with Twitch streamers to help raise awareness about food insecurity. Don't forget to tune in

AUGUST

Food BANK

> FBSG's 11th Anniversary with Drive Hunger Away 4!

We're back with the 4th edition of our immensely successful campaign: Drive Hunger Away 4! Enquire with us on how we can celebrate FBSG's birthday together.

NOVEMBER

Junior Club Sessions

Sign your kids up for

FBSG's Juniors Club by

planting the seeds of

empathy and social

activities planned for

5-16 years old.

responsiblility. Exciting

Volunteer

JECEMBE

Appreciation Night Volunteers are the lifeblood of FBSG. Join us as we celebrate and thank our volunteers for their hard work and dedication.

Junior Club Sessions

Plant the seeds of volunteerism in children's minds, and sign them up for Juniors Club this December school holiday.

VOLUNTEER Spotlight



GRACE GOH

Our volunteer driver Grace exudes so much positive energy that you are bound to be inspired.

She has been volunteering with FBSG since September 2021. As a member of the Pink Car Club, she also volunteered her time to participate in our regional #DriveHungerAway edition this year. She was impressed by how well the event was organised and loved how it felt like being a part of a fun carnival.

Besides being a volunteer with FBSG, Grace also works with an animal shelter to support their cause.

"My approach towards volunteer/charity work is like exercise. It's not always comfortable but it's ultimately always good for you.

I often tell people that there are so many types of exercise we can do. The important thing is to find the one that you enjoy, and then it will be easier to stick with it and make it a habit.

So likewise, for charity work, there are so many different options out there, we just need to find a cause that we can identify with, and if the organisation's options for volunteer work matches your needs, then the fit is right, and it will be easy to continue helping regularly."

ELSA TAN

Elsa has been helping deliver monthly food rations with her family since she was six years old. She attended FBSG's Juniors Club session last year where she developed a deep understanding of food wastage and food insecurity.

Elsa baked and sold cookies for her school's Girl Guides and pledged to donate a dollar for every tin of cookies she sold. When she came across FBSG's Bank Box at the Wisteria Mall, she decided to go shopping for our beneficiaries, guided by FBSG's monthly Warehouse Wish list.

She acted as the perfect role model for her younger brother and enrolled him to donate his pocket money as well.

Junior Foodbanker Elsa believes that by sharing her story widely, she will inspire other young leaders to drive change within their communities. She hopes educational institutes will hold regular food donation sessions to help reduce food wastage - a cause that strongly resonates with her. She is keen to join our warehousing and bundle packing sessions soon to continue to support our mission in every way possible.

COLLEEN TAN

Colleen has been associated with FBSG since 2017. She volunteers at the warehouse (food packaging and distribution), and with FBSG events. Even the Covid-19 lockdowns didn't impede her commitment. She drove with her husband to deliver meals to a family service centre for vulnerable recipients.

"I choose to volunteer at FBSG as they're very well organised. They serve as a central clearinghouse for NGOs and their clients. We personally get to



experience the relief and appreciation of the benefactors and see these meals making a direct impact." Colleen wholeheartedly believes in the words of President Jimmy Carter, and strives to live by them: "I have one life and one chance to make it count for something... My faith demands that I do whatever I can, wherever I am, whenever I can, for as long as I can, with whatever I have to try to make a difference."



ROSENDO LARA LEON

Rosendo Lara Leon is passionate about sustainability and advocates living better without compromising natural resources. With all his higher education and degrees focused on environmental science, environmental planning, and sustainable development, he is in fact very qualified in the field too!

Rosendo is a regular at FBSG. He volunteers in the warehouse, packing or distributing food bundles. He also helps with event management with projects such as *Drive Hunger Away*.

"I feel that FBSG is the perfect solution to food wastage. It redistributes food which would otherwise end up in landfills. I am thrilled to be able to volunteer in an organisation that battles food waste and food insecurity."

GLYNN MAUNG

Glynn Maung is an Executive Chef at a FBSG partner NGO. His impressive work history includes a stint in Europe working with a Michelin Star Chef, as well as working at the Marina Bay Sands.

Eight years ago, Glynn left that glitzy corporate life behind him and moved to the nonprofit sector. He has since discovered true joy in cooking meals for the beneficiaries at his NGO.

Glynn is also a huge supporter of FBSG, where he volunteers as a Loading Bay Assistant. He supports drivers in loading/ unloading items for beneficiaries all across Singapore.

Glynn believes that "Food always brings comfort to everyone." He is an activist that puts his skills and beliefs to action by serving his community in various capacities.

IAN BUTLER

In November 2020, lan came across a TV programme about the impact of climate change on food supply. That was the first time he heard about FBSG fighting food insecurity in Singapore. Inspired, lan wasted no time. Within a week, he enrolled as a FBSG volunteer and he hasn't stopped since!

While Ian began with packing and inventorying items in the warehouse, he soon got trained as a bundle leader to support other volunteers. Ian is a retiree who previously ran an HR consultancy firm. His special skills and work experience were



soon recognised at FBSG, and he has since also become involved with supporting our team's career and personal development journey.

Regarding his experience at FBSG, lan shares "I feel welcomed, very much part of the FBSG team. I have become involved in a variety of warehouse duties and meet a lot of different people of many ages. For anybody who is interested but a little bit uncertain, I would be happy to give a guided tour, before they commit themselves to anything."



RANJEET SINGH SIBIA

Meet Ranjeet Singh Sibia, a successful entrepreneur and investment professional.

Ranjeet began volunteering with FBSG in July 2021, and has since completed over 100 hours of community service! He has done it all – from collecting and sorting to distributing food.

Ranjeet is now a regular at FBSG. He values the "excellent work ethic and high degree of professionalism with which FBSG's staff and volunteers work on a shared mission: One Team, for One Goal".

Ranjeet's message is simple: "Volunteering even for a few hours benefits our community exponentially. For example, a group of five volunteers working a three-hour shift can pack a whole week of food supplies for more than 100 families! Going back at the end of the day, knowing one has made a tangible difference is an amazing feeling."





JACQUELINE HENG-TAY

Jacqueline is FBSG's multifunctional volunteer. She helps as a driver, covering as many locations as possible, and with packing food bundles at our warehouse. Jacqueline occasionally brings along her daughter for emergency ration distributions, and is already planting the seeds of community involvement in the next generation!

Jacqueline loves the flexibility of volunteering with FBSG at her own pace and schedule. "FBSG is one of the easiest organisations to work with. They do not need you to promise them a confirmed weekly time slot. We just spontaneously chip in, if we are available that week."

She shares that working in an environment with like-minded people brings her immense joy and a great sense of accomplishment. **MIKE WOON**

Mike is FBSG's superstar volunteer driver.

In 2019, Mike responded to our request for volunteers for our *Drive Hunger Away* event, and he has continued ever since! In 2021, he recruited his son to volunteer for the same event. They ended up having a great father-son bonding time.

Come rain or shine, Mike is always there. He is diligent and dependable, always willing to go the extra mile.

Mike is an outspoken supporter of FBSG. He shares with pride his experiences with distributing emergency food rations: "The ones who are always very excited to see me are the kids who are very eager to receive the 'goodie' bags. It never fails to bring me extreme joy whenever I see them all excitedly asking, 'Uncle, what did you bring for us?' "



GROUP VOLUNTEERS



JUNIOR CLUB VOLUNTEERS

In 2022, a passionate team of 19 students from Singapore University of Social Sciences conducted Juniors Club workshops at FBSG. They ran eight sessions for two separate age groups. Under the sessions they conducted, the Junior Foodbankers enjoyed learning about food waste in a highly engaged and fun manner!

Students from SUSS shared, "We were very appreciative of the flexibility we had working with FBSG. We had complete freedom to decide on details like time commitment, frequency, planning and execution."

A big thank you to our young changemakers for their enthusiasm and support.

CYCLING ENTHUSIASTS

Meet this unique band of cyclists on a mission: "Saying NO to Starvation". Starting with two members in 2021, this dedicated group has now grown to more than 20 members.

The group sets a weekly riding goal, and donates to FBSG based on the number of kilometres they ride. They donate via cash, food, and/or volunteer hours at the FBSG warehouse.

If you ever see these cycling enthusiasts around, be sure to cheer them on as they zip past!



HOW YOU CAN HELP

WE CAN ACCEPT FOOD ITEMS THAT ARE

- Unopened
- Unexpired
- In original packing (excluding alcoholic beverages and medications)
- Within at least but no less than four weeks of shelf life

WE ARE IN NEED OF



Staples Rice, Noodles, Pasta

Canned Food

Beans, Seafood,

Fruits, Soup, Meat



Condiments Oil, Seasoning, Spices, Spreads, Sugar, Syrup

Beverages Hot Beverages, UHT Milk, Ready To Drink



Snacks Biscuits, Cereals, Chips, Chocolates



Dried / Preserved Food Beans, Fruits, Meat Vegetables

- 1. Donate
- 2. Volunteer your time with us
- 3. Sponsor our upcoming events in 2023

FOLLOW US ON SOCIAL MEDIA!







